



Described & Captioned Media Program

Recommended Titles for Parents of Children Who Are Blind or Visually Impaired

[Listening is Learning](#)

Description is the verbal depiction of key visual elements in media and live productions. Having access to media with description is critical for students who are blind or visually impaired. This video overviews the value to most learners of viewing video with captions and description.

[Raising a Visually Impaired Child: Personal Stories From Parents, Siblings, and Children With Visual Impairments \(Series\)](#)

Individuals with visual impairments and their family members discuss their lives. They highlight the activities they participate in, including singing, music lessons, theater, and sports.

[Inclusion, IEP & Special Needs Laws](#)

Educators take a detailed look at the importance of Individualized Education Plans (IEPs) and how to effectively work with other members of the IEP team, including parents and caregivers of special needs children.

[Isabel Needs Assistive Technology \(English & Spanish\)](#)

This video helps parents prepare for the IEP meeting and provides additional resources for parents. Parents are introduced to key terms found in the IEP documents as well as witness a dramatization of an IEP meeting.

[Blindspot](#)

Getting around New York City can be physically and mentally challenging for the average person. Now imagine you are blind. This production is a documentary of two young New Yorkers who are blind. Daily they embrace the city and demonstrate courage.

[Edge of Perception](#)

Jessica had normal vision until the age of eight, and then, in a few short years, became legally blind. With the calm but determined support of her parents and teachers, she attends a regular classroom, plays competitive soccer, and rides her bike around the neighborhood on her own. She's also a serious runner, and her inspiration is Marla Runyan, a legally blind Olympic runner who also has Stargardt's.

[Hear Me. See Me. Know Me.](#)

For her senior project, Brittany Winkleman created a video that tells her story as a teenager who is deaf-blind. The video follows Brittany through her last year of high school and highlights the support systems she uses to succeed in school.



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[Acting Blind](#)

Go behind the scenes as a company of non-professional actors rehearse "Dancing to Beethoven," a play about blind characters negotiating their way through the emotional and physical maze of life without sight. Most of the performers are blind themselves.

[Blind Sided](#)

A training video developed for employers' diversity and inclusion programs. The video addresses blind stereotypes and myths, inclusion in the workplace, and suggestions for quality customer service to customers who are blind or have low vision.

[Healing With Animals – Blindness: Living Fully in a Seeing World](#)

Animals provide more freedom to people with blindness. With the help of these animals, people can return to the many activities they love.

[Jeff's Day: A Short Film From a Blind Perspective](#)

Jeff Berwick, blind since age 13, discusses his daily routines. He talks about his two-hour commute to and from work as well as interaction with his family. He also shares that described media allows him to engage with his family as they watch TV at the end of the day.

[Social Skills Cinema \(Series\)](#)

In May 2011, the Texas Advisory Committee for the Education of Students with Visual Impairments offered teachers, parents, and students with visual impairments across the United States and Canada an opportunity to submit a short video. The contest provided a perfect opportunity to highlight a favorite lesson to teach social skills at home, school, or in the community.

[Our Special Life: A Child With Blindness \(The Planson Family\)](#)

Emma is an active five-year-old who enjoys gymnastics and Girl Scouts. She was born with a visual impairment. Emma's family discusses learning to read and write in Braille.

[Life on the Edge: Sorie K & The Mdqs](#)

Musician Sorie Kondi, blind from birth, has been called Sierra Leone's Stevie Wonder.

[Touching Life](#)

Yuko and Thilo are both blind, and they have a son, Kurtis, who is sighted. The heart of this documentary reveals the resilience and courage of Yuko and Thilo to pursue their dreams of falling in love, getting married, and becoming parents.

[Young Heroes: Louis Braille](#)

This video dramatizes the life of Louis Braille, including the events that caused him to become blind as well as the cause of his death in 1852 at the age of 43 of tuberculosis.



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