

Think your vision isn't what it used to be?



**FUTURE
IN SIGHT**

WE CAN HELP!

Call **603-224-4039**, email **services@futureinsight.org**
or visit **futureinsight.org/adultservices**



We can help you continue to:

- Safely and confidently navigate your home and community
- Prepare meals on your own
- Enjoy your favorite hobbies like reading books or watching TV
- Read your mail and manage your bills without assistance
- Stay socially connected with a cellphone, computer or tablet
- Get to vital appointments and run essential errands
- Emotionally and mentally adjust to losing your vision

We also have FREE workshops and activities for individuals with vision loss. To start signing up, visit futureinsight.org/calendar or scan this QR code



Future In Sight was founded in 1912 and is the only private nonprofit organization in NH to supply a comprehensive range of statewide services to children, adults and elderly who are blind and visually impaired. Through our holistic continuum of care, we provide individuals with vital services that allow them to live with confidence and dignity. We tailor each service plan to meet the unique goals of the individual we are working with.